

Rubric For Physical Education

4

I always come prepared for physical education class.

I always participate actively and with enthusiasm.

I know and always incorporate the appropriate rules and strategies of the game.

I always demonstrate proper technique and I am always successful in executing all skills at all times.

I always show respect for my team and the opposing team.

I always respect the decisions of those in charge.

I always play in a safe manner and treat the equipment with care.

I always participate and show a clear understanding of the health ed. topic being discussed and I always do my health homework.

3

I usually come prepared for physical education class.

I usually participate actively and with enthusiasm.

I usually know and incorporate the appropriate rules and strategies of the game.

I usually demonstrate proper technique and I am usually successful in executing most of the skills most of the times.

I usually show respect for my team and the opposing team.

I usually respect the decisions of those in charge.

I usually play in a safe manner and treat the equipment with care.

I usually participate and demonstrate a basic understanding of the health ed. topic being discussed and I do most of my health homework.

2

I sometimes come prepared for physical education class.

I sometimes participate actively and with enthusiasm.

I sometimes show knowledge and follow the rules and strategies of the game.

I sometimes demonstrate proper technique and sometimes successfully execute the skills.

I sometimes show respect for my team and the opposing team.

I sometimes respect the decisions of those in charge.

I sometimes play in a safe manner and treat the equipment with care.

I sometimes participate and show a partial understanding of the health ed. topic being discussed and I rarely bring in my health homework.

1

I never come prepared for physical education class.

I never participate actively and with enthusiasm.

I have poor knowledge of the rules and strategies of the game.

I demonstrate improper technique and am never successful in executing any of the required skills.

I never show respect for my team and the opposing team.

I never respect the decisions of those in charge.

I play in an unsafe manner and handle equipment poorly.

I never participate in our health ed. discussions and I show no understanding of the health ed. topic and I never bring in my homework.